### Jan's Bio

For over 30 years Jan has worked in the IT industry, and for over 14 years working in the field of Change Management. In this context she has run workshops and facilitated large and small meetings.

In 2012 she moved from Brisbane to Melbourne for work and to be closer to family. Having lived alone for many years, she wanted a companion to explore Victoria with, so engaged in online dating. She connected with a man who she only later came to know as a scammer and was defrauded of over \$260,000 over a several months.



As part of her recovery Jan has written and spoken out about her experience of a scam. In doing this she is claiming back her self-respect, and lifting the veil from the shame, secrecy, silence and judgement around dating scams.

Jan has written about her ordeal in her book

# **Romance Scam Survivor: the whole sordid story**, published February 2018 and available as an eBook and in all good bookstores.

## Ambassador for Australian Cybercrime Online

**Reporting Network (ACORN)** 

ACORN is a Nationwide policing initiative, focussing



on Cybercrime. As a result of her willingness to speak out Jan has been selected to be an

Ambassador and has appeared in multiple TV, radio and magazine stories. See over page.

### **Speaking Topics**

#### Dangers of love in an online world My experience of an online dating scam

Based on my true story hear how when Eamon did not make contact again after leaving from Dubai for England, I realised I had been scammed of over AU\$260,000 and lost the love of my life. Hear about the intimate interactions that lead to that loss, my coming to terms with it, and the emotional and financial difficulties I found myself in.

Having come through my process of recovery, I am keen to share my story so others will not make the same mistakes, and warning signs can be better understood.

An explanation of my story through the following topics, depending on time available, can include:

- My story I lost over \$260,000 in 72 days, and why I am talking about this
- General statistics on scams and who they are impacting
- Why people say "how could you give money away to someone you have not met?" and how I respond to this
- How scams generally are carried out
- Why scams work
- How being scammed affects people once they realise how do they recover from this?
- Warning signs, and how to protect yourself from scams, and report it if you have been
- Symptoms of it happening to others....
- Support resources available
- What needs to change



Beyond shame How shame works: the power of speaking out

Based on my own experience of a shameful experience, I talk about how shame works, and what we can do to deal with shame and move beyond shame. Topics can include:

- Gender and shame
- Is shame good or bad?
- Internet's role in shaming
- What feeds shame, silence; secrecy; judgement
- Feeling shame from fear of shame
- What gets us beyond shame
- The power of speaking out and self respect
- Developing shame resilience
- Definitions of shame, vs guilt
- Shame as children
- Shaming incident in adulthood

#### **Meet-up Group**

On the first of January 2015 Jan set up a Meetup group called <u>Melbourne Dating Scam</u> <u>Survivors</u>. These meetings are designed for those who have been a victim of a dating scam, and are ongoing.

### **Recent Media**

#### **JULY 2018**

Instead of being ashamed of what you've been through, be proud of what you have overcome!

#### 28/06/2018 "THE SENIOR" NEWS ARTICLE

When looking for love goes so wrong, by Simon

Garner. News article published in **The Senior**,

**TheSenior** 

(www.TheSenior.com.au) July 2018 edition, pg
9. Based on an interview and my book, *Romance Scam Survivor: the whole sordid story.*

This article was also printed in the <u>Illawarra Mercury</u>; <u>The Area News</u>; <u>Newcastle</u> Herald

#### MAY 2018

#### 28/05/2018 STUDIO10 INTERVIEW



(CHANNEL 10) Second live <u>video interview</u> on Studio 10 panel show.

# 21/04/2018 CHANNEL 7 NEWS ITEM ON SCAM STATISTICS

Interview about scam statistics.

#### 04/05/2018 AUSSIES HAVE BEEN CONNED OUT OF \$3.55 MILLION BY ONLINE DATING FRAUDSTERS THIS YEAR ALONE

Aussies have been conned out of \$3.55 million by

online dating fraudsters this year alone, by Alexis Cary, news

on News.com.au in Money section.



24/4/2018 STUDIO 10 INTERVIEW (CHANNEL 10)

Live <u>video interview</u> on Studio 10 panel show.

#### **MARCH 2018**

# 31/3/2018 THE AGE & SYDNEY MORNING HERALD: MONEY:

April Fool Warning: online scammers can steal your financial security, by Nina Hendy **31** March 2018 —

8:29pm. Also published in the <u>Sydney</u> <u>Morning Herald</u>

The Sudney Morning Herald

THE DRAD AGE

#### 29/3/2018 SENIORS NEWS

<u>Heartbreaking Love Scam A</u> <u>lesson for All</u>, by Ann Rickard Seniors Newspaper



#### 07/3/2018 THE ATLANTIC NEWSPAPER



Why No One Talks About the Love Con by CAROLINE KITCHENER and KAREN

<u>YUAN</u> Mar 7, 2018. Though I am not mentioned in the article, I was interviewed by Caroline Kitchener as part of her research for this article. It is worth reading as further information on this topic.

See RomanceScamSurvivor.org/media presence for earlier media activities.

"Shame needs three things to grow out of control in our lives: *secrecy, silence and judgement*" **Brené Brown** '*The Gifts of Imperfection*'. (*p.40*).



#### Scribe, Speaker, Survivor



"Jan Marshall is a vital voice in the discourse on romance fraud." Dr. Cassandra Cross, Co-author: Cyber Frauds, Scams and their victims.



Contact:	Jan Marshall
Email:	jan@janmarshall.com.au
Mobile:	0401 875 605
Blog:	romancescamsurvivor.org